

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

## United Muslim Migrant Association of Vic Inc.

72 George Street, Doncaster East, VIC 3109

Ph:9842 6491, Fax:9842 6312 Web: [www.umma.org.au](http://www.umma.org.au)

# UMMA NEWS

**IMAM: Sheikh Gul Saeed Shah: 9842 6312; 0402 323 627; (AH) 9891 6424**



Assalamualaikum and Ramadan Mubarak to all.

As a result of UMMA's general election that was held on 29th of June 2008, a new committee was formed comprising members from the previous council and new elected members. First of all on behalf of all the elected committee members I would like to thank UMMA for putting your trust in us. I strongly believe that with a positive mindset Inshallah we can all work together for the betterment of UMMA and the community. There are a number of initiatives that UMMA is planning to take that include our regular activities and new agenda items. The following provides an overview of events and activities that UMMA has planned to hold:

- ❖ Eid functions
- ❖ Lectures and educational programs on a regular basis
- ❖ Fund raisers (for UMMA and Royal Children's' Hospital)
- ❖ Meena Bazar event for ladies only at UMMA
- ❖ Picnic days for all
- ❖ Sewing and cooking classes for ladies
- ❖ Fitness classes for ladies and elders

As our community is getting bigger and people have their private gatherings and functions etc. the "UMMA Yearly Planner" has been prepared and attached with this newsletter. Please incorporate this calendar into your schedule where possible. There is always room for improvement so feel free to provide us with your feedback. At UMMA we will try our best to accommodate your suggestions. On the other front, one of the major projects that UMMA hopes to complete is the "UMMA Multipurpose Hall". Your full support and cooperation will be required to achieve this huge task. Regular updates will be provided with the progress of this project through newsletters and emails. For those who would like to be included in the UMMA email list please send a subscriber request to [manzoor@tpg.com.au](mailto:manzoor@tpg.com.au) or [mhanif@bigpond.net.au](mailto:mhanif@bigpond.net.au)

Ramadan is fast approaching and we will be holding taraveeh prayers at the centre, lead by Hafiz Ahmad Ibrahim from Dar-ul-uloom Fawkner and brother Muzzammil Dhedy. As usual a large attendance is expected at the Centre. This is Mashaallah a very good sign that makes our centre a lively place. However on the other hand this brings two serious issues for UMMA:

### **Parking at the Centre:**

UMMA Centre is fortunate enough to have a large number of allocated parking spaces. However it is impossible to provide parking space for every attendee. Parking gets allocated on a first come first serve basis. There are a number of parking spaces available in the surroundings. Just as important as our prayers is the need to park responsibly in designated areas. Please refrain from parking illegally in front of neighbouring driveways, blocking other cars, etc.

### **Safety and comfort of our neighbours:**

As Muslims, following the commandments of our beloved Prophet peace be upon him, it should be our utmost responsibility to look after our neighbours. Instead of providing support and care to them, some of us are creating situations, which really put the centre and the community into an embarrassing position. A number of incidents took place in past years where kids were throwing stones at neighbouring properties and were involved in other annoying activities.

To avoid any antisocial behaviour, it's unfortunate that UMMA will be hiring a **security service** to monitor the above situations. Your support and right thinking can really help us.

Wassalam  
Mohammad Hanif  
Chairman UMMA

## **Recent Events at UMMA**

### **UMMA Open Day 2008**

UMMA Open day was held on 22nd June 2008. The day was celebrated with great zeal and enthusiasm and was a great success. The event included an Islamic art exhibition, mosque tour, speeches, sausage sizzle and calligraphy. Despite the overcast and rainy weather, a large crowd from various facets and faith enjoyed the day. The event would not have been possible without the hard work of volunteers. On behalf of UMMA sincere thanks to all who contributed. UMMA would also like to thank Victoria Police, Manningham City Council and ICV for their participation.

### **Pre Ramadan Lecture and Prize Distribution**

A lecture entitled "Ramadan - A Month of Quran" followed by a question/answer session was held on 15th August 2008. Br Aslam Hussain gave a very informative talk on the subject. Prizes were also given to the participating children of the UMMA Open Day art competition.

Some of the other activities and services at UMMA includes:

- Saturday school for children (Quran and Islamic studies from 2.00 to 4.00 PM)
- Arabic language classes for adults after Isha on Wednesday and Friday
- Ladies only tafseer of Quran 10. AM to 1.00 PM in Arabic language
- Monday nights ladies only education circle by Sr Sarah Sabbagh
- School visits from all faiths to the centre upon request
- Janazah and funeral service (contact Br Mohammad Izzat on 0413454987)

## Cooking Corner



Chicken Karahi	Dahi Bada
<p><b>Ingredients</b></p> <ul style="list-style-type: none"> <li>• 6 garlic cloves</li> <li>• 1/3 tablespoon fresh ginger, minced</li> <li>• 2 cups Spanish onions, diced</li> <li>• 2 1/2 cups tomatoes, diced</li> <li>• 2 green chillies, diced</li> <li>• 6 tablespoons fresh coriander (including stems)</li> <li>• 1/2 cup oil</li> <li>• 15 whole coriander seeds</li> <li>• 7 whole cloves</li> <li>• 2 lbs boneless chicken breasts</li> <li>• 1 lime</li> <li>• 1 tablespoon ground coriander</li> <li>• 1 tablespoon garam masala</li> <li>• 1/4 tablespoon turmeric</li> <li>• 1/2 tablespoon salt (to taste)</li> <li>• 1/4 tablespoon green cardamoms</li> <li>• 1 tablespoon ground red chili pepper</li> </ul> <p><b>Directions</b></p> <ol style="list-style-type: none"> <li>1. Prepare all ingredients before cooking.</li> <li>2. Slice thinly the 6 garlic cloves.</li> <li>3. Dice or chop the onions, tomatoes, peppers, and coriander and keep separate.</li> <li>4. Add 1/2 cup of oil (preferably 1/2 vegetable, 1/2 olive) to karai (wok) over med heat and warm.</li> <li>5. Add 15 whole coriander seeds and 7 whole cloves.</li> <li>6. After about 45 seconds, add 2 lbs of cubed boneless chicken. Stir until most of the outside of the chicken is not raw.</li> <li>7. Add the sliced garlic, ginger, juice of 1/4 lime, onion, and tomatoes and stir to combine.</li> <li>8. Cook 10-15 minutes until the chicken is cooked and the vegetables are softened.</li> <li>9. Add spices: 1 tablespoon ground coriander, 1 tablespoon garam masala, 1/4 tablespoon turmeric, 1/2 tablespoon of salt (to taste), 1/4 tablespoon green cardamom, 1 tablespoon (more or less to taste) ground hot red chili pepper.</li> <li>10. Add half of the coriander, a pinch of the green chillies, and cook for a few more minutes.</li> <li>11. Garnish with the remaining coriander</li> </ol>	<p><b>Ingredients</b></p> <p>For the badas (batter for the dumplings)</p> <ul style="list-style-type: none"> <li>1 cup besan (chickpea flour)</li> <li>1 pinch baking soda</li> <li>1 tablespoon chopped coriander</li> <li>1 tablespoon chopped mint leaf</li> <li>1-2 green chillies, chopped</li> <li>1/2 teaspoon red chili powder</li> <li>1/4 teaspoon salt, 1/4 teaspoon ginger</li> <li>1/4 teaspoon garlic paste, 1/8 teaspoon cumin powder</li> <li>1/8 teaspoon coriander powder</li> <li>1/8 teaspoon turmeric, 1 tablespoon yogurt</li> </ul> <p>For the yogurt</p> <ul style="list-style-type: none"> <li>1 cup yogurt</li> <li>3/4 cup water</li> <li>1/4 teaspoon salt</li> <li>1 tablespoon chopped fresh coriander</li> <li>1 tablespoon chopped fresh mint</li> <li>1-2 chopped green chillies</li> </ul> <p>For Tampering (tadka)</p> <ul style="list-style-type: none"> <li>1 teaspoon whole cumin seed</li> <li>4-5 fresh curry leaves</li> <li>3-4 dried red chillies</li> <li>1/4 cup oil</li> </ul> <p><b>Directions</b></p> <ol style="list-style-type: none"> <li>1. Mix all the ingredients for the batter (with water) and keep aside for 10-15 minutes.</li> <li>2. Mix the spices &amp; herbs in the yoghurt; It should be of thin consistency.</li> <li>3. Heat oil in a frypan; Lightly drop the batter with a teaspoon or tablespoon depending upon your taste for the size.</li> <li>4. Deep fry to a medium golden brown and drop these into the yogurt mixture, directly from the oil; Please be careful of the spatters while dropping the badas. Alternatively, you could drop the hot badas in salted water. Let them soak for 4-5 mins and press between the palms to take out excess water (please don't press too hard). And then transfer to the yogurt mixture.</li> <li>5. Let them soak for 5-10 mins in the yogurt mixture.</li> <li>6. Heat about a quarter cup oil and fry all the ingredients for 1-2 minutes; Be careful that they don't burn!</li> <li>7. Transfer this to the yogurt mixture immediately and cover the lid.</li> </ol> <p>Your dahi badas are ready to enjoy!.</p>

## Kids Corner

S	I	L	V	E	R	I	M	S	A	Olympic Word Find  Note: Circle in any direction	Archery Australia Beijing Bronze Cycling Diving Fast Games Gold Gymnastics	Hockey Judo Medals Olympics Pool Silver Sport Swimming Tennis Win
W	I	N	S	J	U	D	O	G	U			
I	A	B	R	O	N	Z	E	Y	S			
M	R	T	E	N	N	I	S	M	T			
M	C	Y	C	L	I	N	G	N	R			
I	H	S	H	S	N	L	A	A	A			
N	E	P	O	L	G	B	M	S	L			
G	R	O	C	A	A	E	E	T	I			
M	Y	R	K	D	U	I	E	I	A			
F	G	T	E	E	S	J	S	C	L			
A	O	L	Y	M	P	I	C	S	I			
S	L	O	O	P	A	N	I	H	O			
T	D	I	V	I	N	G	M	S	U			

### UMMA Membership Reminder

UMMA membership for year 2008-2009 is now due. Please send your subscription to "The Treasurer, UMMA, 72 George St Doncaster East VIC 3108". The subscription amount is \$80 per family (with children under 18) and \$40 for individuals. Please make your cheques payable to: 'UMMA' or direct deposit to UMMA account at: ANZ Bank, Doncaster Branch BSB# 013-284 A/C # 2540-52169. Please notify Br Wasi Qureshi by telephone or fax @ 9466 9756 for any deposits made into this account. Please forward new memberships request to Br Farooq Javed at [fhjaved@gmail.com](mailto:fhjaved@gmail.com) or 0414726786

## Community News

### Recent Arrivals

- Br Altaf and Sr Uzma Kazi have been blessed with baby boy "Misbah". Congratulations to grandmother Mrs Khadija Kazi and family.
- Asad and Hafsa have been blessed with baby boy "Ismail Ansari". Congratulations to grandparents Dr and Mrs Ansari and family.
- Hanif and Soofia were blessed with baby girl "Aalaa Aisha Hanif". Congratulations to grand parents Dr and Mrs Shabbir Tariq and Mrs Zubaida Abdul Razzak (Pakistan).

### Obituaries

Nadeem Siddiqui, brother of Nasir Siddiqui, passed away in Melbourne on 17<sup>th</sup> July 2008. Innalillahe wa Inna Ilahee Rajeeoon. May Allah grant him peace and give his family sabar on this sad occasion.

## IMPORTANT LESSONS FROM RAMADAAN

Allah – the Most High – said: "The month of Ramadaan in which the Qur'aan was revealed, a guidance for mankind and clear proofs for the guidance of the Criterion between right and wrong. So whosoever of you sights the crescent for the month of Ramadaan, he must fast that month." [Soorah al-Baqarah 2:185]

Allah's Messenger, sallallahu `alayhi wa sallam, said:  
"Islaam is built upon five: Testifying that none has the right to be worshipped except Allah and that Muhammad is the Messenger of Allah, establishing the Prayer, giving the Zakaah, performing Hajj to the House, and fasting in Ramadaan."

He sallallahu `alayhi wa sallam said:  
"There has come to you Ramadaan, a blessed month, in which Allah has made it obligatory to fast. During it the gates of Paradise are opened and the gates of Hellfire are closed, and the rebellious devils are chained. In it is a night (Laylatul-Qadr) which is better than a thousand months. He who is deprived of its good truly has been deprived."  
From the many important lessons to be learnt from fasting are:

### **[1] Gaining Taqwaa**

Fasting has been legislated in order that we may gain taqwaa, as Allah – the Most High – said: "O you who believe! Fasting is prescribed for you, as it was prescribed upon those before you in order that you may attain taqwaa." [Soorah al-Baqarah 2:183]

Talq ibn Habeeb (d. 100H) – rahimahullah – said:  
"When fitnah (trial and tribulation) appears then extinguish it with taqwaa." So he was asked as to what taqwaa was, so he replied: "Taqwaa to act in obedience to Allah, upon a light (i.e. eemaan, faith) from Allah, hoping in the Mercy of Allah. And taqwaa is leaving the acts of disobedience to Allah, upon a light from Allah, due to the fear of Allah."

This is one of the best definitions of taqwaa. For every action must have both a starting point and a goal. And an action will not be considered as an act of obedience, or nearness to Allah, unless it starts from pure eemaan (faith in Allah). Thus it is pure eemaan – and not habits, desires, nor seeking praise or fame, nor its like – that should be what initiates the action. And the [goal of the] action should be to earn the reward of Allah and to seek His good pleasure." So fasting is a means of attaining taqwaa, since it helps prevent from many sins that one is prone to.

### **[2] Seeking Nearness to Allah**

The Prophet sallallahu `alaihi wa sallam said: "Allah said: Whosoever shows enmity to a friend of Mine, I shall be at war with him. My servant does not draw near to Me with anything more beloved to Me than the obligatory duties that I have placed upon him. My servant continues to draw nearer to Me with optional deeds so that I shall love him." The Prophet sallallahu `alayhi wa sallam said:

"Whosoever reaches the month of Ramadaan and does not have his sins forgiven, and so enters the fire, then may Allah distance him."

So drawing closer to Allah – the Most Perfect – in this blessed month, can be achieved by fulfilling one's obligatory duties; and also reciting the Qur'aan and reflecting upon its meanings, increasing in kindness and in giving charity, in making du'aa (supplication) to Allah, attending the taraweeh Prayer, seeking out Laylatul-Qadr (the Night of Power and Pre-Decree), a night which is better than a thousand months, attending gatherings of knowledge, and striving in those actions that will cause the heart to draw closer to its Lord and to gain His forgiveness. Our level of striving in this blessed month should be greater than our striving to worship Allah in any other month, due to the excellence and rewards that Allah has placed in it. Likewise from the great means of seeking nearness to Allah in this month is making I'tikaaf (seclusion in the mosque in order to worship Allah) – for whoever is able.

Imam ibn al-Qayyim (d. 751H) – rahimahullah – said: "Allah also prescribed I'tikaaf for them, the objective being that the heart becomes fully preoccupied with Allah – the Most High – concentrated upon Him alone, and cut-off from being preoccupied with the creation. This in turn prepares him for being at peace with Allah alone, on the day of loneliness in the grave, when there will be no one else to give comfort, nor anyone to grant solace, except Him. So this is the greater goal of I'tikaaf.

### **[3] Acquiring Patience**

Imaam Ahmad (d.241H) – rahimahullah – said: "Allah has mentioned sabr (patience) in over ninety places in His Book."

The Prophet sallallahu `alayhi wa sallam said: "The month of Patience, and the three days of every month, are times for fasting."

Ibn `Abdul-Barr (d.464H) – rahimahullah – said: "What is meant by the month of Patience is the month of Ramadan ...So fasting is called patience because it restrains the soul from eating drinking, conjugal relations and sexual desires."

He sallallahu `alayhi wa sallam said: "O youths! Whoever amongst you is able to marry, then let him do so; for it restrains the eyes and protects the private parts. But whoever is unable, then let him fast, because it will be a shield for him."

So fasting is a means of learning self-restraint and patience. With patience we are able to strengthen our resolve to worship Allah alone, with sincerity, and also cope with life's ups and downs. So – for example – with patience we are able to perform our Prayers calmly and correctly, without being hasty, and without merely pecking the ground several times! With patience we are able to restrain our souls from greed and stinginess and thus give part of our surplus wealth in Zakaah (obligatory charity). With patience we are able to subdue the soul's ill temperament, and thus endure the ordeal and hardships of Hajj, without losing tempers and behaving badly.

Thus, without knowledge and patience, nothing remains, except zeal and uncontrolled emotions, shouts and hollow slogans, speech that does not strengthen, but rather weakness, and actions that do not build, but rather destroy! So in this month, we should strive to develop a firm resolve for doing acts of obedience, and to adorn ourselves with patience – having certainty in the saying of our Messenger sallallahu `alayhi wa sallam: "And know that victory comes with patience, relief with affliction, and ease with hardship."

### **[4] Cultivating Good Manners**

The Prophet sallallahu `alayhi wa sallam said: "Whosoever does not abandon falsehood in speech and action, then Allah the Mighty and Majestic has no need that he should leave his food and drink."

He sallallahu `alayhi wa sallam also said: "Fasting is not merely abstaining from eating and drinking. Rather, it is also abstaining from ignorant and indecent speech. So if anyone abuses or behaves ignorantly with you, then say: I am fasting, I am fasting." since the Messenger sallallahu `alayhi wa sallam said whilst describing the true Believer: "A Muslim is one from whom other Muslims are safe from his tongue and his hand." Thus it is upon us as individuals, to examine the shortcomings in our character, and to then seek to improve them – modelling ourselves upon the character of the last of the Prophets and Messengers, and their leader, Muhammad sallallahu `alayhi wa sallam – aspiring also for the excellence which he mentioned in his saying: "I am a guarantor for a house on the outskirts of Paradise for whoever leaves off arguing, even if he is in right; and a house in the centre of Paradise for whosoever abandons falsehood, even when joking; and a house in the upper-most of Paradise for whosoever makes his character good." So by shunning oppression, shamelessness, harbouring hatred towards Muslims, back-biting, slandering, tale-carrying, and other types of falsehood, we can be saved from nullifying the rewards of our fasting – as Allah's Messenger sallallahu `alayhi wa sallam said: "It may be that a fasting person receives nothing from his fast, except hunger and thirst."

#### **[5] Sensing Muslim Unity**

The Prophet sallallahu `alayhi wa sallam said: "Fast when they fast, and break your fast when they break their fast, and sacrifice the day they sacrifice."

Imaam at-Tirmidhee (d. 275H) – rahimahullah – said: "Some of the People of Knowledge explained this hadeeth by saying: Its meaning is to fast and break the fast along with the jamaa`ah and the majority of people."

"During the fast, a Muslim feels and experiences what his needy and hungry brothers and sisters feel, who are forced to go without food and drink for many many days – as occurs today to many of the Muslims in Africa. Indeed, the unity of the Muslims – and their aiding and assisting one another – is one of the great fundamentals upon which the Religion of Islaam is built, as Allaah – the Most High – said: "And hold fast altogether to the rope of Allaah and do not be divided." [Soorah Aal `Imraan 3:103]. Allaah – the Most High – also said: "The Believers – men and women – and friends and protectors of one another." [Soorah al-Tawbah 9:44]

Thus we see that Islaam lays great importance in bringing hearts together and encouraging ijtimaa` (collectiveness). This is not only reflected in the month of Ramadaan, but also in the other acts of worship as well. So, for example, we have been ordered by the Prophet sallallahu `alayhi wa sallam to pray the five daily Prayers in congregation, and that it has been made twenty-seven times more rewardful than praying it individually. Thus, when some of the Companions of the Prophet sallallahu `alayhi wa sallam said to him: O Messenger of Allah, we eat but do not become satisfied. He replied: "Perhaps you eat individually?" They replied: Yes! So he said: "Eat collectively and mention the name of Allah. There will then be blessings for you in it."

So we ask Allah to grant us the ability to change ourselves for the better, during this blessed month, and not to be of those who are prevented from His Mercy and Forgiveness. Indeed He is the One who Hears and He is the One to Respond. precious time in Ramadan.

## Newsletter Update

UMMA is publishing the first issue of the newsletter after the AGM (2008). We are planning to publish the Newsletter five times a year.

(20 Aug 2008, 20 Sep 2008, 1st Dec 2008, 20 Feb 2009 and 20 May 2009)

We hope to meet the needs of UMMA community by covering a wide variety of topics and reflecting the views of the UMMA members. I am inviting you to contribute to the newsletter. We hope that you can help in these sections of the newsletter:

- Forum: Editorial/Feature/Opinion
- Islamic Article
- Community News
- Book Review (brief review on a book related to ISLAM).
- Kids Corner
- Recipes

Contract Br. Hayat Qureshi at [editor@umma.org.au](mailto:editor@umma.org.au).

Obviously we cannot always publish all articles as they are submitted, due to space and context requirements etc. The newsletter will be mailed Inshaallah FREE of charge to around 450 family members of UMMA and an electronic version will be posted at UMMA's website [www.umma.org.au](http://www.umma.org.au).

For community news please send your news to Br. Waheed Kazi at [wkazi@hotmail.com](mailto:wkazi@hotmail.com)

Please contact **Br. Wahaj Habib** at [wahajhabib@hotmail.com](mailto:wahajhabib@hotmail.com) and **Wasi Qureshi** [wqureshi@iprimus.com.au](mailto:wqureshi@iprimus.com.au) of any change of address.

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Jazakom Allah khairan, wa Salamu Alaikom wa Rahmatullah wa Barakatuh!

Hayat Qureshi

[hayatqureshi@hotmail.com](mailto:hayatqureshi@hotmail.com)

**Please Note:** *The opinions expressed herein contain positions and viewpoints that are not necessarily those of UMMA. These are offered as a means for UMMA to stimulate dialogue and discussion in our continuing mission of being an educational organisation*

*Wasalam Aleykum Warahmat Allah - UMMA Editorial Board*

Jazakom Allah (May Allah reward you) for taking the time to read this Newsletter. If you have any comments or feedback please let us know - send us an email. ([hayatqureshi@hotmail.com](mailto:hayatqureshi@hotmail.com))

Please don't forget us in your Dua. Any mistakes are from us - anything right was with the guidance from Allah SWT.

# UMMA Eid Lunch & Get Together

Sunday 5th October 2008, 2.00 PM At  
Ajani Centre  
284 Thompson Rd, Lower Templestowe Melways Ref 32 K7

Prizes, lots of fun and delicious food.

**Cost:** Adults (15 dollars), Kids under 12 (10 dollars)

*For tickets Please contact:*

**Aslam Kazi 0416086786, Habib-ul-Rahman 0422885208, Aqeel Syed 0412243708,  
Farooq Javed 0414726786, Mohammad Hanif 0411025482, Amad Kazi, 0410657666,  
Waheed Kazi 0402137975**

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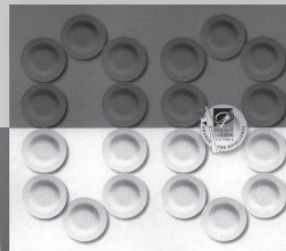
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